





All Points North Lodge: More Than A Rehab

APN Lodge is dedicated to providing the highest quality experience and greatest possible outcomes in the treatment and personal development industries by combining so many valuable elements on one campus.

We are committed to providing our clients with comprehensive, custom-curated care for each unique need.

We blend evidence-based practices, philosophy influences, and components of the ECHO Model and Medical Home Model to offer cutting-edge, client-centered care in each program track. Medical, pain management, activity, and fitness amenities & partnerships round out our multidisciplinary and experiential treatment. With Vail Health as our partner for primary and preventative care, our luxury campus is, in every way, an enriched environment of care – optimized for healing, recovery, retreat, and personal development.

Trauma integration forms the foundation of all therapies as we address both the client's symptoms and their root cause. In group and one-on-one sessions, we utilize our clinical team's expertise in CBT, DBT, EMDR, somatic experiencing, PIT, talk therapy, and much more. Family treatment, one-on-one coaching, and immersive workshops allow clients and their families to stay connected and receive support through whatever season of life might come next.

A Full Continuum of Care, a Purposeful Recovery

At APN Lodge, person-centered programs and wellness plans are custom-curated for each client by our world-class clinical staff. After learning their story through comprehensive assessments, the APN team designs a unique treatment plan to address the client's individual needs, circumstances, and goals. Through detox, residential treatment, partial hospitalization programs(PHP), and intensive outpatient programs (IOP).

After curating the client's personal mix of evidence-based treatments and therapies, the APN team rounds out the plan with luxurious amenities and client-chosen activities. If you know your passion, we encourage you in it. If you don't, we work together to find it. Combine all this with personalized nutrition and intentional movement, and you have found a science-based and holistic recovery plan for the whole person.







Next Chapter at All Points North Lodge: Trauma Team

Trauma-integrated care equips our clinicians to see each client's habits, emotional distress, behaviors,

roadblocks, and interpersonal dynamics through the lens of past experiences and trauma. Next Chapter at All Points North (APN) Lodge is committed to treatment that goes beyond identifying past trauma to address it, resolve it, and propel each client further toward healing and health.

Modalities & Therapies

- Custom-Curated Assessments: Bio-psycho-socialspiritual, medical, and psychological
- Dual-Diagnosis
- Individual Therapy
- Group Therapy
- Family Treatment
- 12-Step Education and other recovery support groups
- Eye Movement Desensitization Reprocessing (EMDR)
- Somatic Experiencing (SE)
- Post Induction Therapy (PIT) and other forms of trauma reprocessing
- Dialectical Behavioral Therapy (DBT)
- Psychodrama
- Cognitive Behavioral Therapy (CBT)
- Experiential Therapy
- Equine Therapy
- Mindfulness





Activities & Excursions

With an unparalleled roster of offsite excursions and on-campus activities, options are endless for both the adventurer and the homebody.

- Acupuncture
- Alpine Flight Tours
- Aquatics
- Art Therapy
- Camping
- Chiropractic Treatment
- Culinary Classes
- Community Service/Charity
- Elite Fitness Training
- Equine Therapy

- Fly Fishing
- Golfing
- Helicopter/Plane Tours
- Hiking
- Horseback Riding
- Ice Fishing
- Nordictrack (over the bar 3 course during winter)
- Massage
- · Mountain Biking

- Pilates
- Ropes Course (seasonal)
- Skiing
- Snowmobiling
- Volunteer work
- White Water Rafting
- Yoga
- Many More







Meet the Staff

Abe Antine, MSW, LCSW, PIT Clinical Director

- Trauma-focused therapist, clinical director, and CEO throughout 10-year career
- Former CEO and Clinical Director of Next Chapter Treatment
- Former trauma therapist at Caron Ocean Drive
- Heavily influenced by Terry Real, Pia Mellody, and Gabor Maté

Lana Seiler, MSW, LCSW Director of Trauma Services

- Trained in EMDR, Clinical Hypnotherapy, Risking Connection, and Post Induction Therapy
- Completed six-week online intensive trauma therapy training with Bessel van der Kolk
- Masters in Social Work from Florida Atlantic University

Lodging & Amenities

In the leisure hours from the program, lodging is provided in the beautiful All Points North Lodge. This mountainside campus is the pinnacle of luxury, comfort, and security within the ultra-exclusive gated enclave of Cordillera, just a brief and breathtaking drive from Vail.

- Chic décor, semi-private and private suites, luxury mountain resort feel
- On-demand black car chauffeur service by APN staff for appointments, recreation, restaurants, airport transfers
- Amenities including: firepit, juice-bar, game room, media room, and fitness center

Find your way forward at All Points North Lodge. We believe in you.





